





## MENU February 8, 2025 to February 14, 2025

Saturday 8TH	Sunday 9TH	Monday 10TH	Tuesday 11TH	Wednesday 12TH	Thursday 13TH	Friday 14TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
French Onion Soup	Corn Chowder	Chicken with Rice Soup	Cream of Tomato Soup 	Cream of Cheddar Broccoli Soup	Loaded Potato Soup	Vegetable Soup 
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Toasted Tomato Sandwich with Assorted Pickles	Potato Bannock with Coleslaw	Turkey a la King on Toast Cups	Cheeseburger with Coleslaw 	Mandarin Craisin Spinach Salad	Sheppard's Pie with Gravy	Grilled Cheese and Sliced Cucumbers
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Orange Thyme Chicken Leg or Zaatar Seasoned Pork Tenderloin	Coq au Vin or Baked Ham 	Lemon Rosemary Grilled Chicken or Cod Loins with Herbed Lemon Cream	Pork Schnitzel or Miracle Whip Italian Chicken	Lemon Dill Filet of Haddock or Roasted Red Pepper Chicken Breast	Honey Garlic Spareribs or Sweet and Sour Hawaiian Chicken	Breaded Sole with Lemon Wedge or Cantonese Roast Chicken Thighs
Rice and Yellow Beans and Brussel Sprouts	Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes Cauliflower and Corn	Whipped Potatoes, Yellow Beans and Spinach	Mashed Potatoes, Mashed Carrots and Turnip	Mashed Potatoes, Green Beans and Cauliflower	Baked Potatoes, Broccoli and Carrots
Molasses Cookies*	Carrot Cake with Frosting*	Apple Torte*	Whoopie Pies*	Pears*	Butter Tarts*	Banana Splits*



\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

## MENU February 15, 2025 to February 21, 2025

Saturday 15TH	Sunday 16TH	Monday 17TH	Tuesday 18TH	Wednesday 19TH	Thursday 20TH	Friday 21ST
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Tortilla Soup	Cream of Dill Pickle Soup	Beef Vegetable Soup	Wonton Soup	Cream of Celery Soup	Chicken Noodle Soup	Cream of Turnip Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pasta Salad with Roll	Vegetable Lo Mein	English Muffin Pizza	Rice with Assorted Appetizers	Hamburger Macaroni Casserole with Roll	Corn Fritters with Maple Syrup	Tossed Salad with Poppy Seed Dressing
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Pork Medallions with Red Wine Jus or Chicken Paprika	Roast Beef with Gravy or Baked Ham	Maple Glazed Chicken and Pears or Grilled Shrimp	Pork Curry or Rosemary Ranch Chicken Kabobs	Shag Hai Chicken Breast or Breaded Cod with Lemon Wedge	Meatloaf with Gravy or Pineapple Curry Chicken Thigh	Lemon Pepper Filet of Salmon or Herb Marinated Chicken Breast
Mashed Potatoes, Carrots and Turnip	Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes, Squash and Green Beans	Whipped Potatoes Peas and Carrots	Baked Potato, Harvard Beets and Yellow Beans	Mashed Potatoes, Spinach and Roasted Squash	Whipped Potatoes, Cauliflower and Broccoli with Cheese Sauce
Jelly Roll*	Chocolate Cake with Frosting*	Mandarin Oranges*	Cherry Cheesecake*	Pineapple Squares*	Ice Cream Sundae*	Orange Creamsicle Poke Cake*



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