

## Restorative Care



*A philosophy to foster resident's independence and improve quality of life by increasing balance, strength, endurance, and flexibility.*



Windsor Court is a modern 89 unit residence offering accommodations and services based on individual needs. This allows us to offer true **aging in place** to our residents. They and their loved ones take comfort in knowing that their needs can be met today and in the future.



Please call us today for more info and to arrange a complimentary lunch and tour.

### Windsor Court Retirement Residence

10 Barton Crescent  
Fredericton, NB  
E3A 5S3

Toll free: 1.800.887.7344

Phone: 506.450.7088

E-Mail: [contact@windsorcourt.nb.ca](mailto:contact@windsorcourt.nb.ca)

Web: [www.windsorcourt.nb.ca](http://www.windsorcourt.nb.ca)

 [www.facebook.com/windsorcourt.nb](https://www.facebook.com/windsorcourt.nb)



We are  
different



Our Strength is our Staff ~  
Our Reputation is Quality Care

[www.windsorcourt.nb.ca](http://www.windsorcourt.nb.ca)

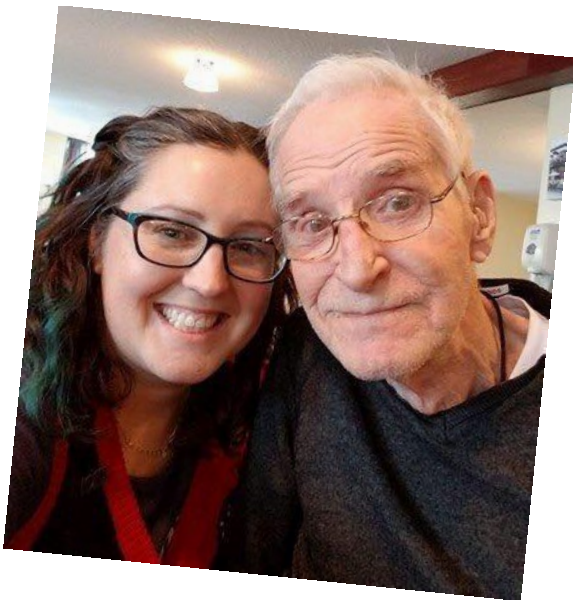
## What We Are About

As you visit Windsor Court, you may notice a distinct difference:

There is a **home-like feel** to this place.

Our facilities are very nice, but we are more about people than we are about bricks and mortar. Our carefully selected team members have various roles in healthcare, food service, housekeeping, or activities, but they all share one care value:

**We love having fun.**



## Is Windsor Court Right For Me?

For many people, the thought of leaving their home and moving to a place like Windsor Court is uncomfortable and maybe even scary.

### We Understand.

That is why we want to get to know the prospective resident well in advance to a move-in. This allows us to customize and fine tune our services so that we meet and exceed expectations.

For those unsure about making a permanent commitment, we offer trial and temporary stays.

### Good To Know:

All our healthcare team members are registered, licensed or certified and trained in emergency procedures. For your peace of mind, they are available 24/7.

Healthcare services are based on resident's individual needs. One-on-one assistance with activities of daily living can range from minor support to full nursing or memory care and end of life services.

## Service Packages

### All our plans include:

- 24-hour emergency response
- Personal emergency button
- Cable TV
- Telephone & WiFi
- Recreational Programming
- Wellness Centre
- 24 hour snack table

For more details about our individualized service plans please contact us.

### Restorative Care Stays:

We offer personalized restorative care services to those recovering from an injury, surgery, short-term illness, or an exacerbation of a chronic health condition.

The focus is on:

- Mobility
- Functional fitness training
- Nutrition
- Communication
- Activities of daily living