

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 Sunday Brunch</b> <b>1:30</b> 3rd Floor Activities <b>2:30</b> You Be the Judge <b>3:00</b> Tea Time <b>7:00</b> Movie Night 	<b>2 Labour Day</b> <b>10:00</b> Better Balance <b>10:30</b> Mind Joggers <b>2:00</b> Fall Word Scramble <b>3:00</b> Tea Time	<b>3</b> <b>10:00</b> Picking Crabapples <b>10:30</b> <b>Therapy Dog Visits</b> <b>12:00</b> <b>Library Outing</b> <b>2:00</b> Manicures <b>3:00</b> Tea Time <b>7:00</b> <b>An Evening with Jimmy the Crooner</b>	<b>4</b> <b>10:00</b> Laughter Yoga <b>10:30</b> Water and Wise Words <b>1:15</b> <b>Therapy Dog Visits - Lobby</b> <b>2:00</b> Big Bucks Bingo <b>3:00</b> Tea Time	<b>5</b> <b>9:00</b> 3rd Floor Painting <b>10:00</b> Horse Shoes Outside <b>2:00</b> <b>Music with Wade, Vernon and Robert</b> <b>3:00</b> Tea Time 	<b>6</b> <b>10:00</b> Weight Workout <b>10:30</b> School Days Reminisce <b>1:00</b> 3rd Floor Exercises <b>2:00</b> Washer Toss <b>3:00</b> Happy Hour <b>7:00</b> Movie Night	<b>7</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time 
<b>8 National Grandparent's Day</b> <b>1:30</b> 3rd Floor Activities <b>2:30</b> Hymns with Ruth <b>7:00</b> Movie Night	<b>9 Housekeeper Appreciation Week</b> <b>9:00</b> 3rd Floor Exercises <b>10:00</b> Better Balance <b>10:30</b> Word Power <b>2:00</b> Shuffleboard <b>3:00</b> Tea Time 	<b>10</b> <b>10:00</b> Bible Study-WR <b>10:30</b> <b>Therapy Dog Visits</b> <b>1:30</b> 3rd Floor Sing Along <b>2:30</b> <b>Catholic Mass</b> <b>3:00</b> Tea Time <b>5:30</b> 3rd Floor Activities <b>7:00</b> Campfire in the Courtyard with S'mores	<b>11</b> <b>10:00</b> <b>Tai Chi with Gary Kenyon</b> <b>10:30</b> Lady Ashburn Pickle Prep <b>1:15</b> <b>Therapy Dog Visits - Lobby</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time 	<b>12</b> <b>10:00</b> <b>Baptist Services with Greg Geldart</b> <b>10:30</b> Pie Making <b>2:30</b> Pie Judging Contest <b>3:00</b> Tea Time <b>FRUIT PIE BAKING CONTEST</b> 	<b>13</b> <b>10:00</b> Weight Workout <b>10:30</b> News and Views <b>1:00</b> 3rd Floor Exercises <b>2:00</b> <b>Gentlemen's Outing to York County Cider - Sign up</b> <b>2:30</b> Hand Spa and Champagne <b>7:00</b> Movie Night	<b>14</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time 
<b>15 Sunday Brunch</b> <b>1:30</b> 3rd Floor Activities <b>2:30</b> Fall Decoration Making <b>3:00</b> Tea Time <b>7:00</b> Movie Night 	<b>16</b> <b>9:00</b> 3rd Floor Exercises <b>10:00</b> Better Balance <b>10:30</b> Crosswords and Coffee <b>2:00</b> Board Games <b>3:00</b> Tea Time 	<b>17</b> <b>10:00</b> Laughter Yoga <b>10:30</b> <b>Therapy Dog Visits</b> <b>1:30</b> 3rd Floor Mind Joggers <b>2:00</b> <b>Anglican Service</b> <b>3:00</b> Charlotte's 99th Birthday Party in the Penthouse <b>5:30</b> 3rd Floor Activities <b>7:00</b> You Be the Judge	<b>18 National Cheeseburger Day</b> <b>10:00</b> <b>Tai Chi with Gary Kenyon</b> <b>10:30</b> Painting with Watercolour <b>1:15</b> <b>Therapy Dog Visits - Lobby</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time	<b>19</b> <b>9:00</b> 3rd Floor Sing Along <b>10:00</b> <b>United Service with Rev. Bowley</b> <b>10:30</b> Baking Muffins <b>2:00</b> <b>Hymn Sing with Rev. Thompson and Joan Harvey</b> <b>3:00</b> Tea Time	<b>20 International Alzheimer's Awareness Day</b> <b>9:00</b> <b>Coffee Break for Alzheimer's Awareness</b> <b>10:00</b> Weight Workout <b>10:30</b> Rebus Puzzles <b>1:00</b> 3rd Floor Exercises <b>2:00</b> Bowling <b>3:00</b> Happy Hour <b>7:00</b> Movie Night	<b>21 *Penthouse Closed for the Morning*</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time 
<b>22</b> <b>2:00</b> <b>Visits with Loretta (the cat)</b> <b>3:00</b> Tea Time <b>7:00</b> Movie Night 	<b>23</b> <b>9:00</b> 3rd Floor Exercises <b>10:00</b> Better Balance <b>10:30</b> Finish Lines <b>2:00</b> Garden Clean up <b>3:00</b> Tea Time 	<b>24</b> <b>10:00</b> Bible Study - WR <b>10:00</b> Bean Bag Toss <b>10:30</b> <b>Therapy Dog Visits</b> <b>11:30</b> <b>Library Outing</b> <b>1:30</b> 3rd Floor Sing Along <b>2:00</b> Scrabble <b>3:00</b> Tea Time <b>5:30</b> 3rd Floor Activities <b>7:00</b> <b>Music with Garry</b>	<b>25</b> <b>10:00</b> <b>Tai Chi with Gary Kenyon</b> <b>10:30</b> Colouring Therapy <b>11:00</b> <b>Morning Drive</b> <b>1:15</b> <b>Therapy Dog Visits-Lobby</b> <b>2:00</b> Bingo <b>3:00</b> Resident Management Meeting and Birthday Celebrations	<b>26</b> <b>9:00</b> 3rd Floor Painting <b>10:00</b> Baking with Apples <b>10:30</b> Mind Joggers <b>2:00</b> <b>Henry and Friends</b> <b>3:00</b> Tea Time 	<b>27</b> <b>10:00</b> Weight Workout <b>10:30</b> Autumn Alphabet <b>1:00</b> 3rd Floor Exercises <b>2:00</b> Moose Hunting Game <b>2:30</b> Animal Trivia <b>3:00</b> Happy Hour <b>7:00</b> Movie Night	<b>28</b> <b>2:00</b> Bingo <b>3:00</b> Tea Time 
<b>29 Sunday Brunch</b> <b>1:30</b> 3rd Floor Activities <b>2:30</b> Wheel of Fortune <b>3:00</b> Tea Time <b>7:00</b> Movie Night	<b>30</b> <b>9:00</b> 3rd Floor Exercises <b>10:00</b> Better Balance <b>10:30</b> Coffee and Donuts <b>2:00</b> Name That Tune <b>3:00</b> Tea Time 			<p style="text-align: center;"><b>We will try to do some activities outside when we can to take advantage of any nice weather Please keep an eye on the Lobby Television for any changes</b></p>	<p style="text-align: center;"><b>If you are interested in swimming in the pool please contact Restorative Care Sheryl at 5209 The pool is heated and has a bench all around the perimeter! We would love to go for a dip with you!</b></p>	<p style="text-align: center;"><b>Birthdays</b></p> <p style="text-align: center;">Charlotte Lockhart - 17 Liz Hawkins - 22<sup>nd</sup> Dale Trail - 28<sup>th</sup></p> 