





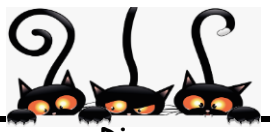








## MENU October 19, 2024 to October 25, 2024

Saturday 19TH	Sunday 20TH	Monday 21ST	Tuesday 22ND	Wednesday 23RD	Thursday 24TH	Friday 25TH
<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Beef Barley Soup	Seafood Chowder	Tuscan Soup	Cream of Leek Soup	Chicken with Rice Soup	Cream of Vegetable Soup	Tomato  Soup
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Bruschetta Chicken  Bake with Roll	Mediterranean Chopped Salad	Hamburger Macaroni Casserole with Roll	Grilled Cheese with Pickles	Chicken a la King on Bed of Rice	Toasted Tomato Sandwich with Coleslaw	Bratwurst with Sauerkraut and Warm Potato Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Grilled Chicken Breast with Cranberry Sauce or Marinated Pork Tenderloin	Coq au Vin or Baked Ham	Sweet Mexican Chicken Breast or Fish Cakes with Tartar Sauce	Spinach Chicken Parmesan or Slow Roasted Pork Belly	Italian Chicken Breast or Poached Haddock with Lemon Wedge	Pineapple Glazed Ham or Chicken Parmesan	Grilled Cod Loin with Lemon Wedge or Chicken Breast with Dressing and Gravy
Mashed Potatoes, Squash and Peas	 Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes, Yams and Brussel Sprouts	Oven Roasted Potatoes, Mashed Carrots and Turnip	Sour Cream and Chive Whipped Potatoes, Yellow Beans and Fresh Beets	 Mashed Potatoes, Cauliflower and Green Beans	Baked Potatoes Carrots and Corn
Banana Bars*	Oreo Cheesecake*	Pumpkin Roll*	Fruit Cocktail*	Pineapple Squares*	Tapioca Pudding*	Chocolate Cake with Frosting*
* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.						

## MENU October 26, 2024 to November 1, 2024

Saturday 26TH	Sunday 27TH	Monday 28TH	Tuesday 29TH	Wednesday 30TH	Thursday 31ST	Friday 1ST
<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Ham and Corn Chowder	Tarragon Chicken and Rice Soup	Cream of Carrot Soup	Cream of Mushroom Soup	Minestrone Soup 	French Onion Soup	Goulash Soup 
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Monte Christo with Potato Salad	Pear and Blue Cheese Salad 	Turkey Sheppard's Pie with Gravy	Pizza  	Macaroni and Cheese with Roll	Prairie Roast Pork Stew 	Greek Tuna Casserole Bake
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pineapple Curry Chicken or Stuffed Porkchop with Gravy	Roast Chicken Dinner or Baked Ham 	Haddock with Lemon Asparagus Sauce or Chicken Kabobs with Pineapple Glaze	Maple Glazed Chicken and Pears or Ginger Braised Beef 	Sole Italian  or Apricot Chicken Leg	Rosemary Chicken Thighs or Greek Marinated Pork Chops	Grilled Salmon or Sliced Turkey with Gravy
Rice Pilaf with Mixed Vegetables	Scallop Potatoes, Mixed Vegetables	Mashed Potatoes, Squash and Brussel Sprouts	Oven Roasted Potatoes, Mashed Carrots and Turnip	Whipped Potatoes, Yellow Beans and Fresh Beets	Mashed Potatoes, Cauliflower and Green Beans	Baked Potatoes Carrots and Corn
Ice cream Sundae*	Banana Cream Pie*	<b>Peaches*</b>	Maple Pecan Oatmeal Bars*	Pumpkin Chocolate Chip Cookies*	Hunter's Pudding*	Apple Torte*

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