











MENU August 24, 2024 to August 30, 2024

Saturday 24TH	Sunday 25TH	Monday 26TH	Tuesday 27TH	Wednesday 28TH	Thursday 29TH	Friday 30TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder	Tomato  Soup	Kale and Sausage Soup	Cream of Carrot and Ginger Soup	Chicken with Rice Soup	Coconut Thai Soup	Beef Meatball Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Loaded Tossed Salad 	Cheeseburger with Fries	Cold Plate with Roll	Egg Salad Sandwich With Zucchini Slaw	Greek Salad with Garlic Roll 	Chicken Stir-fry with Rice	Chinese Combo Plate (Chicken Balls, Egg Roll and Rice)
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Schnitzel or Miracle Whip Italian Chicken	Coq au Vin or Baked Ham 	Cod Nuggets with Tartar Sauce or Baked Apple Chicken Breast	Fried Chicken Legs or Beef Liver and Onions 	Huli Huli Chicken Breast or Haddock Loin with Hollandaise Sauce	Greek Marinated Pork Tenderloin or Shang Hai Chicken 	Grilled Sole with Lemon Butter or Herb Marinated Chicken Thighs
Baked Potato, Parsnips and Swiss Chard	Scalloped Potatoes, Mixed Vegetables	Oven Roasted Potatoes, Corn on Cob and Carrots	Whipped Potatoes, Yam Medallions and Green Beans	Rice Pilaf with Carrots and Peas	Mashed Potatoes, Roasted Beets and Yellow Beans	Baked Potato, Asparagus and Roasted Squash
Trifle*	Cherry Cheesecake*	Fruit Cocktail*	Lemon Tarts*	Blueberry Coffee Cake*	Peaches	Black Forest Bake*

* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

MENU August 31, 2024 to September 6, 2024

Saturday 31ST	Sunday 1ST	Monday 2ND	Tuesday 3RD	Wednesday 4TH	Thursday 5TH	Friday 6TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Cream of Celery Soup	Vegetable Barley Soup 	Ginger Squash Soup	French Onion Soup	Cream of Broccoli Soup	Beef Vegetable Soup	Mulligatawny Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Mediterranean Chopped Salad	Mini Assorted Deli Meat Sub with Dill Pickle Spear	Chicken a la King on Bed of Noodles	Seafood Roll with Coleslaw	Sheppard's Pie with Gravy	Spaghetti with Tomato Sauce and Garlic Bread 	Harvest Turkey Melt with Bread and Butter Pickles
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Portobello Beef Tips or Honey Dijon Garlic Chicken	Seafood Newburg in Puff Pastry or Baked Ham 	Meatloaf with Marinara Sauce or Cantonese Roast Chicken Thighs	Mushroom Pork Chops or Chicken Korma	Coconut Shrimp with Dipping Sauce or Chicken Cordon Blue	Mediterranean Mozza Chicken or Honey Garlic Spareribs	Grilled Salmon with Lemon Wedge or Sweet and Sour Chicken
Potatoes O'Brien Spinach and Carrots	Scalloped Potatoes, Mixed Vegetables	Whipped Potatoes, Broccoli and Cauliflower	Mashed Potatoes, Squash and Asparagus	Baked Potato, Carrots and Green Beans	Hashbrowns, Roasted Yams and Peas	Fried Rice Mixed Vegetables 
Tapioca Pudding*	Lemon Meringue Pie*	Ambrosia Squares*	Pineapple Upside Down Cake*	Ice Cream Sundae*	Walnut Pear Crisp*	Maple Butter Tarts*



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