




# MENU September 29, 2018 to October 5, 2018

Saturday 29TH	Sunday 30TH	Monday 1ST	Tuesday 2ND	Wednesday 3RD	Thursday 4TH	Friday 5TH
<b>Soup</b>	<b>Sunday Dinner</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Chicken Noodle Soup	Baked Ham or Roast Chicken	Tucson Soup	Clam Chowder	Sausage and Kale Soup	Potato Pesto Soup	Beef Meatball Soup
<b>Lunch</b>						
Chicken Divan with Rice	Scalloped Potatoes, Mixed Vegetable  Coconut Cream Pie*	Sheppard's Pie with Gravy	BLT Sandwich with Coleslaw	Chicken a la King on Bed of Rice	Taco Salad  <b>National Taco Day</b>	Monte Christo Sandwich with Potato Salad
<b>Dinner</b>	<b>Supper</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Beans, Coleslaw and Brown Bread or Breaded Chicken Filet with Fries	Cream of Pumpkin Soup  Belgum Waffles with Apple Cinnamon Compto  	Grilled Sole with Lemon Wedge or Sweet & Sour Chicken  Oven Roasted Potatoes, Carrots and Peas	Pork and Pepper Kabobs or Hawaiian Chicken  Whipped Potatoes, Yellow Beans and Broccoli	Battered Haddock or Grilled Chicken with Saute Mushrooms  Mashed Potatoes, Parsnips and Baked Yams	Burgundy Beef or Tandoori Chicken Legs  Baked Potato, Green Beans and Diced Turnip	Salmon with Dill Sauce or Lemon Rosemary Grilled Chicken  Basmati Rice, Broccoli and Cauliflower
Banana Cake with Frosting*		Blueberry Whip UP*	Apple Crisp*	Lemon Crumble*	Pineapple Upside Down Cake*	Maple Custard*

\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

# MENU October 6, 2018 to October 12, 2018

Saturday 6TH	Sunday 7TH	Monday 8TH	Tuesday 9TH	Wednesday 10TH	Thursday 11TH	Friday 12TH
Soup	Dinner	Soup	Soup	Soup	Soup	Soup
Red Pepper Bisque	 <b>Brunch</b> <b>Don't forget to make Reservations in Advance for Your Guest</b>	Cream of Broccoli Soup	Turkey Vegetable Soup	Chicken Curry Soup With Apple and Coriander	Minestrone Soup	Sweet Potato and Coconut Soup
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch
Oktoberfest Sausage with Sauerkraut and Potato Salad		Chicken Philly Sandwich with Coleslaw	Teriyaki Salad with Baguette	Hot Turkey Sandwich with Gravy	Loaded Baked Potato	Lazy Man's Cabbage Rolls
Dinner	Supper	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Pork with Gravy or Caesar Chicken Breast  Mashed Potatoes, Carrots and Green Beans  Chocolate Cake with Whipped Frosting	Vegetable Barley Soup  Ham, Broccoli & Sweet Potato Casserole  	Turkey Dinner or Grilled Shrimp  Whipped Potatoes Squash and Pea  Fruit Jello*	Roasted Chicken Thighs or Roast Lamb with Mint Jelly  Oven Roasted Potatoes, Spinach and Sauté Zucchini  Banana Cream Pie*	Egg Battered Chicken Breast or Herb Crusted Haddock Loin  Mashed Potato, Parsnips and Roasted Yams  Lemon Meringue Pie*	Russian Chicken Leg or Sweet Mustard Pork Chops  Whipped Potato, Mixed Vegetables  Fresh Fruit	Multigrain Filet of Tilapia or Orange Pineapple Chicken Breast  Baked Potato, Broccoli and Cauliflower  Gingerbread Cake*

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