






## MENU November 30, 2024 to December 6, 2024

| Saturday 30TH   | Sunday 1ST  | Monday 2ND  | Tuesday 3RD   | Wednesday 4TH   | Thursday 5TH  | Friday 6TH   |
|---|---|---|---|---|---|--|
| <b>Soup</b>   | <b>Soup</b>   | <b>Soup</b>   | <b>Soup</b>   | <b>Soup</b>   | <b>Soup</b>   | <b>Soup</b>  |
| Tortellini Soup   | Cream of Carrot Soup  | French Onion Soup   | Cream of Tomato Soup       | Chicken Noodle Soup   | Corn Chowder   | Vegetable Soup   |
|   | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>   |
| Beef Stew with Roll    | Chinese Combo Plate   | Chicken Melt with Potato Salad   | Grilled Cheese with Bread & Butter Pickles  | Honey Mustard Meatballs with Fried Rice   | English Muffin Pizza with Caesar Salad               | Shrimp Salad on Bed of Lettuce with Cocktail Sauce   |
| <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>  |
| Chicken Breast with Cranberry Sauce or Roast Pork Loin with Apple Sauce<br><br>Mashed Potatoes, Green Beans and Parsnips<br><br>Fruit Cocktail* | Roast Lamb with Mint Jelly or Honey Mustard Glazed Ham<br><br>Scalloped Potatoes, Mixed Vegetables<br><br>Chocolate Cake with Fudge Frosting* | Grilled Sole to Sweet Mexican Chicken Breast <br><br>Mashed Potatoes, Yams and Peas<br><br>Coconut Cream Pie* | Apricot Chicken or Greek Marinated Pork Chops<br><br>Whipped Potatoes, Carrots and Asparagus<br><br>Mandarins | Lemon Oregano Chicken Breast or Grilled Cod with Spinach and Tomatoes<br>Oven Roasted Potatoes<br>Yellow Beans and Broccoli<br>Black Forest Bake* | Sweet and Sour Chicken or Beef Tips with Peppers and Onions<br><br>Mashed Potatoes, Cauliflower and Green Beans<br><br>Fruit Turnovers* | Grilled Sole with Béarnaise Sauce or Tandoori Chicken Legs<br>Baked Potatoes<br>Carrots and Corn<br><br>Lemon Squares* |

\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

## MENU December 7, 2024 to December 13, 2024

| Saturday 7TH  | Sunday 8TH  | Monday 9TH  | Tuesday 10TH                                     | Wednesday 11TH   | Thursday 12TH  | Friday 13TH  |
|---|---|---|--|--|--|--|
| Soup  | Soup  | Soup  | Soup   | Soup   | Soup   | Soup   |
| Beef Meatball Soup  | Chicken Curry Soup with Apple and Coriander   | Seafood Chowder   | Turkey Barley Soup                               | Cream of Vegetable Soup                             | Smokey Lentil Soup   | Cream of Mushroom Soup   |
| Lunch   | Lunch   | Lunch   | Lunch  | Lunch  | Lunch  | Lunch  |
| Greek Salad with Garlic Baguette                                    | Chicken Burger with Coleslaw  | Ham Cakes with Garlic Aioli Sauce   | Macaroni and Cheese                              | Sheppard's Pie with Gravy  | Pear and Blue Cheese Salad   | Mini Ham Subs with Coleslaw                                      |
| Dinner  | Dinner  | Dinner  | Dinner   | Dinner   | Dinner  | Dinner   |
| Pork Medallions with Au Jus or Chicken Breast in Tomato Basil Sauce | Baked Ham or Roasted Chicken Dinner  | Cod Loins with Herbed Lemon Cream or Hula Huli Chicken Breast                             | Teriyaki Chicken Breast or Liver and Onions      | Curry Mango Chicken Thighs or Coconut Curry Fish  | Spinach Chicken Parmesan or Salisbury Steak with Gravy                                     | Grilled Salmon or Beef Tenderloin Tips with Mushrooms and Pepper |
| Whipped Potatoes, Carrots and Broccoli                              | Scallop Potatoes, Mixed Vegetables  | Mashed Potatoes, Squash and Cauliflower   | Oven Roasted Potatoes, Mashed Carrots and Turnip | Whipped Potatoes, Yellow Beans and Fresh Beets   | Mashed Potatoes, Cauliflower and Peas  | Baked Potatoes Carrots and Corn                                  |
| Mandarin Cake*  | Butterscotch Pie*   | Jelly Roll*   | Peach Cobbler*                                   | Blueberry Cheesecake*  | Pears  | Ice Cream Sundaes*   |

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