

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------



# November 2018

**Birthdays**  
 Ruth Carr – 1<sup>st</sup>  
 Anne Forbes – 3<sup>rd</sup>  
 Jean Cole – 4<sup>th</sup>  
 Betty Eidt – 5<sup>th</sup>  
 Florence Mills – 7<sup>th</sup>  
 Eddie Flinn -18<sup>th</sup>  
 Fraser Steeves – 25<sup>th</sup>



1  
**10:00** Ball Toss  
**2:00** **Golden Club Singers**  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Sing Along  
**7:00** Guess the Gadget

2  
**10:00** Weight Workout  
**10:30** Scattergories  
**2:00** Table Tennis  
**3:00** Happy Hour  
**7:00** Movie in the TV Room  
 “Show Boat”

3  
**2:00** Bingo  
**3:00** Tea Time

4  
**2:00** The Price is Right  
**3:00** Tea Time  
**7:00** Movie in the TV Room  
 “Annie Get Your Gun”



5  
**10:30**  
**Remembrance Day Service with RCL Branch 4**  
**2:00** Manicures  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Loaded Questions



6  
**9:00** 3<sup>rd</sup> Floor Sensory  
**10:00** **Little Geniuses Daycare Visits – Remembrance Craft**  
**10:00** **Bible Study - WR**  
**2:00** Mini Golf  
**3:00** Tea Time  
**7:00** “All in the Family” in the TV Room

7  
**9:00** 3<sup>rd</sup> Floor Exercises  
**10:00** Laughter Yoga  
**10:30** Picture Phrases  
**1:30** Therapy Dog Visits  
**2:00** **Big Bucks Bingo**  
**3:00** Tea Time

8  
**10:00** **Baptist Service with Greg Geldart**  
**10:30** Coffee Club  
**11:30** Library Outing  
**2:00** Bowling  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Knit and Purl

9  
**10:00** Weight Workout  
**10:30** Word Power  
**2:00** **Board Games with Afterschool Group**  
**3:00** Happy Hour  
**7:00** Movie in the TV Room  
 “Kiss Me Kate”

10  
**2:00** Bingo  
**3:00** Tea Time

11  
**2:00** **Lest We Forget**  
**2:30** **Hymn Sing with Ruth**  
**3:00** Tea Time  
**7:00** Movie  
 “Jackie” in the TV Rm



12  
**10:00** Weight Workout  
**10:30** Name 5  
**2:00** **Music with Gary**  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Hot Topics & Hot Cocoa



13  
**8:30 to 9:30** Waffle Breakfast in the Penthouse  
**10:00** 3<sup>rd</sup> Floor Sensory  
**2:15** **Catholic Mass**  
**3:00** Tea Time  
**7:00** “All in the Family” in the TV Room

14  
**9:00** 3<sup>rd</sup> Floor Exercises  
**10:00** Tai Chi  
**10:30** Old Maid  
**1:30** Therapy Dog Visits  
**2:00** Bingo  
**3:00** Tea Time



15  
**10:00** **United Service with Rev. Bowley**  
**10:30** Coffee Club  
**2:00** **Hymn Sing with Rev. Thompson**  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Crazy World Records

16  
**10:00** Weight Workout  
**10:30** Tribond  
**2:00** Manicures  
**3:00** Happy Hour  
**7:00** Movie in the TV Room  
 “Seven Brides for Seven Brothers”

17  
**2:00** Bingo  
**3:00** Tea Time

18  
**2:00** **Visits with Oliver the Cat**  
**3:00** Tea Time  
**7:00** Movie in the TV Room  
 “Cinderella starring Julie Andrews”



19 **Ntl. Peanut Butter Fudge Day**  
**9:00** 3<sup>rd</sup> Floor Mind Joggers  
**10:00** Better Balance  
**10:30** Alphabet Game  
**2:00** What’s Cooking (Peanut Butter Fun)  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Scrabble

20  
**9:00** 3<sup>rd</sup> Floor Sensory  
**10:00** Crosswords & Coffee  
**10:00** **Bible Study – WR**  
**11:00** Wheels to Meals- Sign up  
**2:30** **Anglican Service**  
**3:00** Tea Time  
**3:30** Charades with Royal Road  
**7:00** “All in the Family” in the TV Room

21  
**9:00** 3<sup>rd</sup> Floor Exercises  
**10:00** Tai Chi  
**10:30** Memory Games  
**1:30** Therapy Dog Visits  
**2:00** Bingo  
**3:00** Tea Time

22  
**10:00** Bean Bag Toss  
**2:30** Sentimental Journey  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits  
**7:00** Sing Along ~ Lobby



23  
**10:00** Weight Workout  
**10:30** Mad Gab  
**2:00** Trivia Competition  
**3:00** Happy Hour  
**7:00** Movie in the TV Room



24  
**2:00** Bingo  
**3:00** Tea Time

25  
**2:30** **Hymns with Ruth**  
**3:00** Tea Time  
**7:00** Movie in the TV Room



26  
**9:00** 3<sup>rd</sup> Floor Mind Joggers  
**10:00** Better Balance  
**10:30** Mind Joggers  
**11:00** Council Meeting  
**2:00** Shuffleboard  
**3:00** Tea Time  
**5:30** 3<sup>rd</sup> Floor Visits

27  
**\*No Morning Activity so Melissa can organize Christmas Decorations\***  
**2:00** Christmas Decorating  
**3:00** Tea Time  
**7:00** “All in the Family” in the TV Room



28  
**9:00** 3<sup>rd</sup> Floor Exercises  
**10:00** Tai Chi  
**10:30** Painting  
**1:30** Therapy Dog Visits  
**2:00** Bingo  
**3:00** **Resident Meeting and Birthday Celebrations**

29  
**10:00** Christmas Door Craft  
**11:30** Library Outing – Please Sign up  
**2:00** **Henry and Friends**  
**3:00** Tea Time  
**7:00** Christmas Decorating



30  
**10:00** Weight Workout  
**10:30** Creative Writing  
**2:30** **Christmas Tree Decorating in the Lobby and Happy Hour**  
**7:00** Movie in the TV Room

Know that you are the perfect age. Each year is special and precious, for you shall only live it once. *Be comfortable with growing older.*  
 — LOUISE HAY