


		Monday Nov 20 th	Tuesday Nov 21 st	Wednesday Nov 22 nd	Thursday Nov 23 rd	Friday Nov 24 th
Saturday Nov 18th 	2:00pm Saturday Matinee in TV Room	10:00am Ball Exercises	10:00am Visits with Rufus in the Penthouse	10:00am Seated Tai Chi and Meditation	10:00am 3 rd Floor Bingo	10:00am Weight Workout
	3:00pm Tea Time with Janet	10:00am Pen Pal Program with High School Students	11:00am Resident Council Meeting	10:30am Weekly Devotional	2:00pm Anglican Service	10:30am Have You Ever?
Sunday Nov 19th	3:00pm Tea Time with Denise	2:00pm Wild Isles – Episode 3	2:00pm Shuffleboard	2:00pm Hymn Sing with Ruth	3:00pm Tea Time	2:00pm Bingo
<u>Resident Birthdays</u> Bruce Jamieson – 21 st Anne Todd – 23 rd Nancy Perry – 27 th <u>Staff Birthdays</u> Tristen- 19 th , Merlita - 20 th , Paul -21 st , Roshani - 25 th , Matthew -29 th		3:00pm Tea Time	3:00pm Tea Time	3:00pm Tea Time	7:00pm Hot Apple Cider in the Lobby	3:00pm Happy Hour
		7:00pm Black Velvet (Music)	7:00pm Black Velvet (Music)			7:00pm Classic Tv in the TV Room