




# MENU March 3, 2018 to March 9, 2018

Saturday 3RD	Sunday 4TH	Monday 5TH	Tuesday 6TH	Wednesday 7TH	Thursday 8TH	Friday 9TH
<b>Soup</b>	<b>Sunday Dinner</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Cream of Dill Pickle Soup	 <p style="color: red; font-weight: bold; text-align: center;">Don't forget to make Reservations in Advance for Your Guest</p>	Curried Parsnip Soup	Tuscan Bean Soup	Cream of Asparagus Soup	Chicken Noodle Soup	Cream of Potato Soup
<b>Lunch</b>		<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Honey Mustard Meatballs and Fried Rice		Potato Bannock with Smoked	Egg Salad on Croissant with Potato Salad	Mandarin Spinach Salad with Roll	Cape Breton Meat Pie with Savory Gravy	Seafood Salad on Fresh Kaiser Roll
<b>Dinner</b>	<b>Supper</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Beans, Wiener Brown Bread and Coleslaw or Herb Marinated Chicken Leg Mashed Potatoes, PEI Blend Vegetables  Tapioca Pudding*	Sausage and Kale Soup  Greek Salad with Garlic Bread  	Pork Medallions with Cream Sauce or Teriyaki Chicken  Mashed Potatoes, Corn and Green Beans  Bread and Butter Pudding*	Beef Curry or Cranberry Salsa Chicken Breast  Whipped Potatoes, Roasted Squash and Peas  Trifle*	Asian Orange Chicken Breast or Poached Haddock with an Egg Sauce  Oven Roasted Potatoes, Beets and Yams  Raspberry Buckle*	Stuffed Chicken Thighs or Honey Garlic Spareribs  Basmati Rice, Mixed Vegetables  Banana Bread*	Grilled Salmon or Chicken Cordon Blue  Baked Potato, Broccoli and Cauliflower  German Apple Cake*

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\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

## MENU March 10, 2018 to March 16, 2018

Saturday 10TH	Sunday 11TH	Monday 12TH	Tuesday 13TH	Wednesday 14TH	Thursday 15TH	Friday 16TH
<b>Soup</b>	<b>Dinner</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	
Mulligatawny Soup	Roast Chicken or Baked Ham	Beef Meatball Soup	Sweet Potato and Coconut Soup	Wild Rice Chicken Soup	Clam Chowder	Minestrone Soup
<b>Lunch</b>		<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	
Macaroni and Cheese with Roll	Scalloped Potatoes, Mixed Vegetables  Banana Cream Pie*	BLT Sandwich with Coleslaw	Sheppard's Pie with Gravy	Reuben Sandwich with Warm Potato Salad	Chicken Caesar Salad with Garlic Bread	Fish and Chips with Tartar Sauce
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>			
Salisbury Steak or Apricot Chicken Breast	Cream of Pumpkin Soup  Eggs Benedict	Egg Battered Sole or Butter Chicken Legs	Bacon Wrapped Pork Tenderloin or Parmesan Crusted Chicken Breast	Lemon Pepper Cod Loin or Blue Cheese and Spinach Stuffed Chicken Breast	Baked Chicken Thigh or Swiss Steak	Coconut Shrimp or Aloha Chicken
Mashed Potatoes, Carrots and Beets		Whipped Potatoes, Parsnips and Baked Yams	Baked Potato, PEI Blend Vegetables	Mashed Potatoes, Green Beans and Turnip	Sour Cream and Chive Mashed Potatoes, Peas Yellow Beans	Fried Rice, Mixed Vegetables
Fresh Fruit		Fruit Turnovers*	Lemon Mousse*	Black Forest Bake*	Lemon Meringue Pie*	Oreo Cheesecake*

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