

March 8th, 2021



Covid-19 Restrictions Update

Dear Windsor Court Residents and Families,

As of 12am today, the Fredericton Region (Zone 3) has now returned to the yellow phase of recovery. We are pleased to announce that starting Wednesday, March 10th, indoor visits and off-site visits will resume.

Families should contact Keesha Ouellette at (506) 460-5209 for pre-screening for off-site visits and/or to schedule an indoor visit. Calls will be answered Monday-Friday between 9am-5pm. If you are planning an off-site visit for over the weekend, please ensure you call Keesha in advance for pre-screening. If you leave a voicemail for Keesha, please allow one business day for a response.

Appointments can be scheduled from 9:30am-10:30am and 2:15pm-3:15pm for all residents and 7pm-8pm for independent residents. Visits will be scheduled on a first come, first serve basis. Residents will be able to have one indoor visit per week scheduled at this time. Residents can host two visitors per appointment slot.

Please refrain from visiting or hosting a resident for an off-site visit if you have:

- Travelled outside of New Brunswick or to a red or lockdown zone in New Brunswick in the past 14 days. This includes anyone who has an exemption to travel outside of New Brunswick or to a red or lockdown zone in New Brunswick, for work or other. Although you may be exempt from isolating upon returning to your zone, unfortunately you will not be permitted to enter Windsor Court for 14 days upon your return.
- Had contact with anyone who has tested positive for covid-19 or who is being tested for covid-19 in the past 14 days.
- Any of the following symptoms: fever (temp >37.8), cough, shortness of breath, sneezing, difficulty breathing, hoarse voice, nasal congestion, diarrhea, muscles aches, malaise, sore throat, difficulty swallowing or chills.
- Someone in your household or bubble who is currently self-isolating or self-monitoring, whether it is due to having covid-19 like symptoms or from travels outside of New Brunswick or to a red or lockdown zone within New Brunswick.

Visitors must:

- Wear a community mask for the entirety of their visit.
- Sanitize their hands on their way in to the building.
- Refrain from touching their face.

- Wash or sanitize their hands if they touch their face or mask.
- Go directly to and from their loved ones' apartment, physically distancing from other residents along the way.
- Refrain from spending any time in common areas such as the penthouse, tuck shop, TV room, activities, dining room, etc.
- Refrain from direct contact with their loved one.

Going Out

Residents are now able to go out into the community for non-essential appointments. Please continue to utilize virtual services when possible for the delivering of essential goods and appointments. When you are out in the community, continuous use of a community face mask and frequent hand hygiene is greatly encouraged.

Healthcare Professionals

Foot care nurses, hair dressers and social workers will now be allowed back in to Windsor Court. The same screening procedures and visitation guidelines that apply to visitors (as outlined above) will apply to them as well.

Outdoor Visits

We are hoping to see some warm weather soon. When the warm weather is finally upon us, we will notify families on how they can schedule an outdoor visit with their loved ones.

Virtual Visits

We will continue to facilitate virtual visits. Please contact Sheri Green via email at sheri.green@windsorcourt.nb.ca to schedule your virtual visit.

Thank you!

We appreciate everyone's patience and understanding during these challenging times. We are so happy that public health guidelines now permit us to re-unite residents with their loved ones. We thank you in advance for adhering to public health guidelines in order to keep our home safe.

Warm regards,

Nicole Dutchak RN, BN
Healthcare Administrator
Windsor Court Retirement Residence