











## MENU January 11, 2025 to January 17, 2025

Saturday 11TH	Sunday 12TH	Monday 13TH	Tuesday 14TH	Wednesday 15TH	Thursday 16TH	Friday 17TH
<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Turkey Vegetable Soup	Loaded Potato Soup	Beef Meatball Soup	Smokey Lentil Soup	Italian Pastina Soup	Corn Chowder	Vegetable  Barley Soup
	<b>Lunch</b>	<b>Lunch</b>		<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
BBQ Hotdog with Coleslaw	Naan Pizza with Caesar Salad	Chicken Pot Pie with Gravy	Tofu Salad with Baguette	Ham and Cheese Sandwich with B&B Pickles	Pasta Salad	Turkey Divine with Roll
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Beans, Coleslaw & Brown Bread or Fish and Chip with Tartar Sauce	Coq au Vin or Baked Ham   Scalloped Potatoes, Mixed Vegetables	Spinach Chicken  Parmesan or Fish Cakes with Tartar Sauce  Mashed Potatoes Corn and Peas	Honey Garlic Ribs or Grilled Chicken Breast with Cranberry Sauce Rice Pilaf Carrot and Spinach	Sole with Lemon Asparagus Sauce or Chicken Kabobs With Honey Mustard Glaze Whipped Potatoes, Mixed Vegetables	Pineapple Glazed Ham or Chicken Parmesan  Mashed Potatoes, Green Beans and Corn	Teriyaki Chicken Breast or Broiled Tilapia Parmesan  Baked Potatoes, Pei Blend Vegetables
Fruit Cocktail*	Black Forest Bake*	Date Squares*	Pumpkin Chocolate Chip Cookies*	Lemon Mousse*	Pumpkin Pie*	Banana Bread*

\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

## MENU January 18, 2025 to January 24, 2025

Saturday 18TH	Sunday 19TH	Monday 20TH	Tuesday 21ST	Wednesday 22ND	Thursday 23RD	Friday 24TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Broccoli Cheddar Soup	Turkey Noodle Soup 	Leek and Potato Soup with Shrimp	Beef Vegetable Soup	Cauliflower and Carrot Curried Soup	Vegetable Soup	Chicken and Gnocchi Soup
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti with Tomato Sauce and Garlic Bread 	Tuna Melt with Coleslaw	Quiche Lorraine Pickled Beets	Chinese Combo Plate 	Shrimp Salad with Roll	Hamburger Macaroni Casserole with Roll 	Chicken Burger with Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner 	Dinner
Pork Medallions with Au Jus or Chicken Breast in Tomato Basil Sauce	Roast Beef with Au Jus or Baked Ham 	Sole Italian  or Apricot Chicken Leg	Pineapple Curry Chicken or Stuffed Porkchop with Gravy	Haddock with Lemon Asparagus Sauce or Chicken Kabobs with Pineapple Glaze	Maple Glazed Chicken and Pears or Ginger Braised Beef	Grilled Salmon or Sliced Turkey with Gravy
Mashed Potatoes, Carrots and Peas	Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes, Squash and Green Beans	Whipped Potatoes Peas and Sweet Yam Casserole	Baked Potato, Harvard Beets and Yellow Beans	Mashed Potatoes, Spinach and Roasted Squash	Whipped Potatoes, Cauliflower and Carrots
Ice Cream Sundae*	Pineapple Squares*	Mandarin Oranges*	Cranberry Coffee Cake*	Banana Cream Pie*	Orange Tapioca Pudding	Butterscotch Tarts*

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