





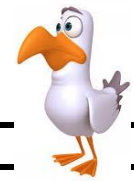
MENU January 27, 2024 to February 2, 2024

Saturday 27TH	Sunday 28TH	Monday 29TH	Tuesday 30TH	Wednesday 31ST	Thursday 1ST	Friday 2ND
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Chicken with Rice Soup	Mushroom Barley Soup	Cream of Leek Soup	Fresh Pea Soup	Chicken with Rice Soup	Black Bean Vegetable Soup	Corn Chowder
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Mini Subs with Coleslaw	Corn Fritters with Maple Syrup	Greek Couscous Salad	Hot Dog with Potato Salad	Quiche Lorraine with Pickled Beets	Hamburger Macaroni Casserole	Monte Christo with Dill Pickles
						
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Stuffed Pork Tenderloin or Herb Marinated Chicken Thigh	Roast Chicken Dinner or Baked Ham	Cod Florentine or Grilled Caesar Chicken Breast	Orange Marinated Pork Tenderloin or Bourbon Chicken	Crispy Baked Chicken or Grilled Haddock with Hollandaise	Baked Butter Chicken Breast or Beef Tips with Mushroom Cream Sauce	Mussels in White Wine or Grilled Chicken with Cranberry Sauce
Steamed Rice, Green Beans and Carrots	Scallop Potatoes, Mixed Vegetables	 Mashed Potatoes, Corn and Spinach	Whipped Potatoes, Cauliflower and Broccoli	Baked Potato, Asparagus and Squash	Mashed Potatoes, Yellow Beans and Carrots	Sour Cream and Chive Potatoes, Peas Yams
Fruit Cocktail	Apple Pie with Ice Cream	Chocolate Cake with Frosting*	Mandarin Mousse	Black Forest Bake*	Peaches	Pineapple Upside Down Cake*

* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

MENU February 3, 2024 to February 9, 2024

Saturday 3RD	Sunday 4TH	Monday 5TH	Tuesday 6TH	Wednesday 7TH	Thursday 8TH	Friday 9TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Mulligatawny Soup	Cream of Cauliflower Soup	Curry Red Lentil Soup	Cream of Carrot and Ginger Soup	French Onion Soup	Clam Chowder	Chicken Noodle Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sweet and Sour Shrimp Rice Bowls	Eggs Benedict	Chicken Divine with Roll	Tuna Melts with Coleslaw	Spaghetti and Tomato Sauce	Russian Salad (Olivye)	Fries and Gravy
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Catalina Cranberry Chicken Breast or Grilled Pork Chops with Caramelized Onion Gravy	Roast Beef with Au Jus or Baked Ham	Turkey Meatloaf with Gravy or Battered Haddock with Lemon Wedge	Ham Steak or Sweet Mustard Chicken Thighs	Grilled Sole with Bearnaise Sauce or Cider Glazed Chicken Breast	Beef Teriyaki or Greek Chicken Breast	Tandoori Chicken Legs or Maple-Balsamic Salmon Fillet
Whipped Potatoes, Peas and Yellow Beans	Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes, Cauliflower & Broccoli with Cheese Sauce	Sour Cream and Garlic Potatoes, Corn and Yellow	Whipped Potatoes, Spinach and Roasted Squash	Baked Potatoes, Carrots and Peas	Fried Rice, Mixed Vegetables
Tapioca Pudding*	Blueberry Pie*	Stewed Rhubarb over Ice Cream*	Lemon Meringue Pie*	Bread and Butter Pudding*	Jelly Roll*	Arrowroot Squares*



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