





MENU August 17, 2019 to August 23, 2019

Saturday 17TH	Sunday 18TH	Monday 19TH	Tuesday 20TH	Wednesday 21ST	Thursday 22ND	Friday 23RD
Soup	Sunday Dinner	Soup	Soup	Soup	Soup	Soup
Chicken Noodle Soup	 Don't forget to make Reservations in Advance for Your Guest	Russian Style Borscht	Potato, Leek and Corn Soup	Red Pepper Bisque	Cream of Vegetable Soup	Lentil, Shrimp and Cauliflower Soup
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch
Grilled Cheese with Coleslaw		Shrimp Lo Mein with Broccoli	English Muffin with Cream Cheese and Spinach Salad	Spaghetti with Tomato Sauce and Garlic Bread 	Cobb Salad with Roll	BBQ Chicken Leg with Southern Slaw
Dinner	Supper	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Medallions or Tandoori Chicken Thigh	Cream of Carrot Soup Corn Fritters with Maple Syrup	Chicken Breast in Tomato Basil Sauce  or Poached Haddock with Béarnaise Sauce	Catalina Cranberry Chicken Breast or Herbed Pork and Apples	Filet of Pollock with Dill Sauce or Sweet Mexican Chicken Breast 	Corned Beef and Cabbage or Grilled Chicken Topped with Mushroom	Maple Balsamic Salmon Filet or Stuffed Chicken Breast with Gravy
Baked Potatoes, Parsnips and Peas		Whipped Potatoes Wax Beans and Carrots	Mashed Potatoes Broccoli and Corn	Oven Roasted Potatoes, Beets and Cauliflower	Boiled Potatoes, Green Beans and Roasted Yams	New Potatoes Carrots and Asparagus
Chocolate Cake with Frosting*		Blueberry Pie*	Carrot Cake with Cream Cheese Frosting	Fresh Fruit*	Raspberry Buckle*	War cake*

* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

MENU August 24, 2019 to August 30, 2019

Saturday 24TH	Sunday 25TH	Monday 26TH	Tuesday 27TH	Wednesday 28TH	Thursday 29TH	Friday 30TH
Soup	Dinner	Soup	Soup	Soup	Soup	Soup
Chicken with Rice Soup*	Roasted Lamb or Baked Ham	Curried Parsnip Soup*	Fennel and Fish Soup	Minestrone with Tomatoes, Turmeric and Chicken	Cream of Tomato Soup	Barley, Squash and Broccoli Soup
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch
Tossed Salad with Sliced Meats		Scalloped Potatoes, Mixed Vegetables Lemon Meringue Pie*	Reuben Sandwich with Warm Potato Salad	Frittata with Tossed Salad	Waldorf Salad with Roll	Shrimp Salad on Bed of Lettuce
Dinner	Supper	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Tenderloin with Red Wine Au Jus or Herb Marinated Chicken Thigh Whipped Potatoes, Oven Roasted Roots Vegetables Chocolate Mousse*	French Onion Soup Chicken Tetrazzini Casserole with Cauliflower	Egg Battered Sole or Pineapple Chicken Breast Mashed Potatoes, PEI Blend Vegetables Apple Crisp*	Beef Bourguignon or Honey Garlic Chicken Leg Oven Roasted Potatoes, Swiss Chard and Yellow Beans Pig Pickin' Cake*	Grilled Shrimp or Chicken with Red Wine Sauce Fried Rice, Mixed Vegetables Blueberry Whip Up*	BBQ Ribs or Parmesan Crusted Chicken Breast Boiled Potatoes, Squash and Spinach Strawberry Squares*	Battered Haddock with Tartar Sauce or Breaded Chicken Strips French Fries, Mixed Vegetables Marble Cakes with Frosting*

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